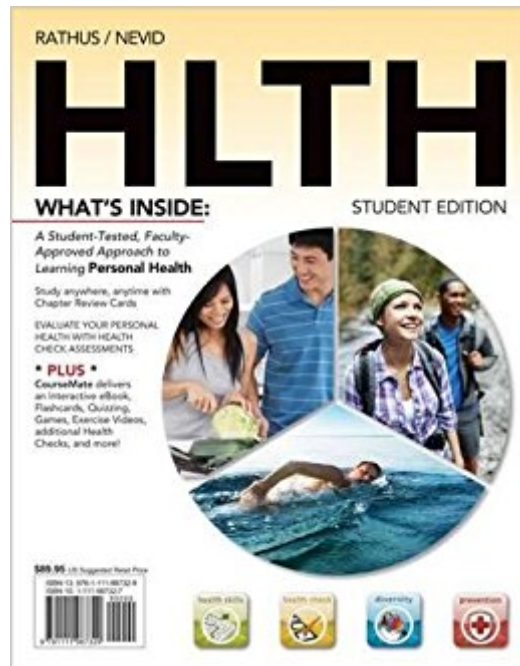


The book was found

HLTH (with CourseMate, 1 Term (6 Months) Printed Access Card)



Synopsis

Created through a "student-tested, faculty-approved" review process with over 100 students and faculty, HLTH is an engaging and accessible solution to accommodate the diverse lifestyles of today's learners. HLTH engages students with interactive Health Check assessments, in addition to a range of features on everything from the effect of socioeconomic status on health to a checklist to help choose a primary care physician, that help students relate course concepts to their personal lives.

Book Information

Paperback: 400 pages

Publisher: Wadsworth Publishing; 1 edition (January 1, 2012)

Language: English

ISBN-10: 1111987327

ISBN-13: 978-1111987329

Product Dimensions: 8.4 x 0.6 x 10.7 inches

Shipping Weight: 2.1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 8 customer reviews

Best Sellers Rank: #84,759 in Books (See Top 100 in Books) #85 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition](#) #153 in [Books > Textbooks > Medicine & Health Sciences > Administration & Policy > Public Health](#) #248 in [Books > Medical Books > Administration & Medicine Economics > Public Health](#)

Customer Reviews

1. A Healthy You! 2. Psychological Health. 3. Stress and Your Health. 4. Intimate Relationships and Sexuality. 5. Reproductive Health. 6. Substance Use and Abuse. 7. Alcohol and Tobacco. 8. Fitness for Life. 9. Nutrition for Life. 10. Managing Your Weight. 11. Combating Heart Disease, Cancer, and Other Major Diseases. 12. Infection and Immunity. 13. Playing it Safe: Preventing Injury, Violence, and Abuse. 14. Consumerism: Making Health Care Safe, Effective, and Accessible. 15. Health and the Environment. 16. Healthy Living Across the Lifespan.

Dr. Jeffrey Nevid is Professor of Psychology at St. John's University in New York. He received his doctorate from the State University of New York at Albany and completed a post-doctoral fellowship in evaluation research at Northwestern University. He has accrued more than 200 research publications and professional presentations and is the author or coauthor of more than a dozen

textbooks and other books in psychology and related fields, many in multiple editions. Dr. Nevid has conducted research in many areas of psychology, including health psychology, clinical and community psychology, social psychology, gender and human sexuality, adolescent development, and teaching of psychology. His research publications have appeared in such journals as Health Psychology, Journal of Consulting and Clinical Psychology, Journal of Community Psychology, Journal of Youth and Adolescence, Behavior Therapy, Psychology and Marketing, Professional Psychology, Teaching of Psychology, Sex Roles, and Journal of Social Psychology, among others. Dr. Nevid also served as Editorial Consultant for the journals Health Psychology and Psychology and Marketing and as Associate Editor for the Journal of Consulting and Clinical Psychology. He is actively involved in conducting research on pedagogical advances to help students succeed in their courses. Spencer A. Rathus received his Ph.D. from the University at Albany and is on the faculty of The College of New Jersey. His research interests include treatment of obesity and eating disorders, smoking cessation, human growth and development, methods of therapy, and sexual dysfunctions. He is the author of the widely used Rathus Assertiveness Schedule and has written several college textbooks, including PSYCH, HDEV, AIDS: WHAT EVERY STUDENT NEEDS TO KNOW, HUMAN SEXUALITY IN A CHANGING WORLD, ABNORMAL PSYCHOLOGY IN A CHANGING WORLD, and CHILDHOOD AND ADOLESCENCE: VOYAGES IN DEVELOPMENT.

Very happy with book, some writing/highlighting and the front is almost ripped off. But its legible, no water damage, and arrived very quickly.

Exactly what I needed

Came quick & was as described

Excellent

very good

easy to read but it this book has details that are very hypocritical. the writer rethink while he / she writes. when one writes a text book he or she should be clear cut and straight to the point, however this textbook is extremely vague and too spiritual. health is about excersise and eating right, but this books makes it so complicated. kids need it simple not more complexity.

I recieved the book on time and the description of the book was accurate upon retrieval. The book was also well packaged to prevent any damage.

I received it sooner than I expected which was great because I needed this book for an online course. Thanks!!!!

[Download to continue reading...](#)

Bundle: M&B 3 + CourseMate, 1 term (6 months) Printed Access Card + LMS Integrated for Aplia, 1 term Printed Access Card Bundle: NUTR, 2nd + Online, 1 term (6 months) Printed Access Card + Diet and Wellness Plus, 1 term (6 months) Printed Access Card HLTH (with CourseMate, 1 term (6 months) Printed Access Card) Pkg: Psych Mental Hlth Nsg 8e & Davis Edge Psych Mental Hlth Access Card Essential Jazz (with CourseMate Printed Access Card and Download Card for 2-CD Set Printed Access Card) Gardner's Art through the Ages: A Concise History of Western Art (with CourseMate, 1 term (6 months) Printed Access Card) Ethics in Action (Workbook With DVD and CourseMate, 1 term (6 months) Printed Access Card) A Creative Approach to Music Fundamentals (with CourseMate, 1 term (6 months) Printed Access Card) Issues and Ethics in the Helping Professions with 2014 ACA Codes (with CourseMate, 1 term (6 months) Printed Access Card) OM5 (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) M&B3 (with CourseMate, 1 term (6 months) Printed Access Card) M&F (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) HR3 (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) MIS5 (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) PROMO2 (with CourseMate, 1 term (6 months) Printed Access Card) (Engaging 4LTR Press Titles in Marketing) CB7 (with CourseMate and Career Transitions 2.0, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) MR2 (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) ADJUST (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press) POLICE (with CourseMate, 1 term (6 months) Printed Access Card) HIST, Volume 2: US History Since 1865 (with CourseMate, 1 term (6 months) Printed Access Card) (New, Engaging Titles from 4LTR Press)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help